

Triple-Marathon Gesamt Triple am 14.07.2012

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Land	Jg	Ak	Run	Run	Run	Endzeit
1	161	Riedel, Roland	Adler-LanglaufBottrop	GER	63	M	1 3:38:43	4 3:34:03	1 3:33:42	1 10:46:28
2	163	Palmans, Peter	SACN	BE	62	M	2 3:44:52	5 3:41:57	2 3:38:47	2 11:05:36
3	158	Ulrich, Andreas	Ute Mückel sebamed Triat	GER	66	M	3 3:49:25	9 3:58:01	5 4:01:46	3 11:49:12
4	141	Eberhardt, Thomas	Team P	GER	62	M	4 3:56:17	14 3:47:48	3 4:10:16	4 11:54:21
5	102	Klesse, Michael	Jobcenter Osnabrück	GER	59	M	5 3:47:44	6 3:58:45	6 4:29:56	8 12:16:25
6	153	Retzlaff, Harald	BSG Springorum Bochum	GER	61	M	6 3:58:54	19 4:02:37	7 4:27:53	7 12:29:24
7	151	Ruppert, Ralf	LG Oelde / Wadersloh	GER	65	M	7 3:57:42	16 4:10:55	12 4:41:45	11 12:50:22
8	138	Libuda, Anke	BSG Springorum Bochum	GER	79	W	1 4:17:31	22 4:08:44	10 4:26:29	5 12:52:44
9	143	Matschke, Manfred	1. Tri-Team Gütersloh GT	GER	52	M	8 3:54:00	11 4:14:10	16 4:57:43	15 13:05:53
10	157	Hamm, Carmen	jogmap	GER	66	W	2 4:35:28	31 4:09:36	11 4:26:52	6 13:11:56
11	152	Groth, Micheal	Team Laufrausch e. V.	GER	72	M	9 3:58:34	18 4:17:02	18 5:07:53	17 13:23:29
12	113	Reislaus, Matthias	LC Auensee Leipzig	GER	66	M	10 3:49:06	7 4:22:16	21 5:23:45	21 13:35:07
13	168	Schröder, Heinz	Sus Oberaden	GER	57	M	11 4:37:14	33 4:25:51	22 4:33:32	9 13:36:37
14	162	Stein, Timo	Team Erdinger Alkoholfrei	GER	80	M	12 4:15:02	21 4:20:24	19 5:03:46	16 13:39:12
15	136	Landwehr, Matthias	LG DUV	GER	70	M	13 3:49:27	10 4:28:15	23 5:38:09	27 13:55:51
16	148	de Vries, Bennie	-	NL	65	M	14 4:29:58	29 4:32:04	25 4:54:00	14 13:56:02
17	104	Buchholz, Marcel	spendenläufer.de	GER	78	M	15 3:55:00	12 4:10:59	13 5:50:51	30 13:56:50
18	166	Hagenah, Michael	BorussiaMG/Cuxhaven	GER	66	M	16 4:17:32	23 4:11:46	14 5:28:47	22 13:58:05
19	103	Liegmann, Günter	100MC / TV Georgsmarie	GER	55	M	17 4:04:48	20 4:28:16	24 5:28:48	23 14:01:52
20	135	Ullrich, Ralf	-	GER	62	M	18 3:55:00	12 4:12:46	15 5:54:19	31 14:02:05
21	116	Schmidt-Soltau, Peer	100 Marathon Club	GER	81	M	19 4:47:58	41 4:35:56	26 4:41:30	10 14:05:24
22	147	Ludden, Peter	Gerscheder SV Essen	GER	62	M	20 4:37:18	35 4:37:55	29 4:50:33	12 14:05:46
23	150	de Kruijff, Johannes	LBN Duisburg	GER	54	M	21 4:45:56	38 4:37:54	28 4:50:34	13 14:14:24
24	107	Fennig, Steffen	-	GER	62	M	22 4:25:39	26 4:40:42	30 5:19:29	20 14:25:50
25	129	Einemann, Gerold	Lauftreff Ganderkesee	GER	63	M	23 3:56:35	15 4:36:15	27 6:03:21	33 14:36:11
26	155	Punge, Wolfgang	Trail Team OWL	GER	64	M	24 4:34:41	30 4:51:30	31 5:32:09	25 14:58:20
27	110	Frühaufl, Sylvia	MCV 2010	GER	64	W	3 4:35:30	32 5:11:48	40 5:28:49	24 15:16:07
28	169	Häsler, Olaf	SG Marßel Bremen	GER	65	M	25 4:45:57	39 4:55:42	32 5:48:55	29 15:30:34
29	167	Lehmann, Jürgen	SCU Emlichheim	GER	52	M	26 5:10:40	52 5:10:00	38 5:12:04	18 15:32:44
30	164	Spieker, Johann	100 Marathon Club	GER	39	M	27 5:12:28	55 5:13:08	42 5:12:10	19 15:37:46
31	173	Süßmann, Jörg	running TV Bedburg	GER	65	M	28 4:45:58	40 5:08:38	36 5:48:51	28 15:43:27
32	165	de Graaff, Wim	Altis	NL	64	M	29 4:26:59	28 5:01:39	34 6:25:15	40 15:53:53
33	127	Tiedemann, Günter	TSV Hollen	GER	49	M	30 4:21:59	24 5:12:41	41 6:21:11	39 15:55:51
34	106	Pflügler, Christian	100 Marathon Club	GER	67	M	31 4:26:23	27 5:08:42	37 6:30:19	42 16:05:24
35	117	Siebe, Birte	Lübbecker Berglöwen	GER	77	W	4 4:37:16	34 4:59:14	33 6:30:14	41 16:06:44
36	120	Meinhold, Günter	Stolpertrupp Ihmert	GER	50	M	32 5:17:56	59 5:13:16	43 5:37:06	26 16:08:18
37	118	Gerlach, Jörg	100 Marathon Club	GER	60	M	33 4:48:29	42 5:22:39	45 6:08:25	36 16:19:33
38	122	Würl, Hans	Trail Team OWL / 100MC	GER	61	M	34 4:50:03	43 5:30:20	49 6:03:18	32 16:23:41
39	137	Jürgensen, Kai-Uwe	Schortens	GER	61	M	35 4:59:38	46 5:10:31	39 6:33:58	44 16:44:07
40	112	Rolfes, Maria	LT Waldschleicher Lohne	GER	54	W	5 5:12:23	54 5:25:03	46 6:08:07	35 16:45:33
41	131	Eberle, Dietrich	1974 Marathon Verein d.e	GER	51	M	36 5:12:21	53 5:33:41	51 6:09:31	37 16:55:33
42	101	Junker, Gerd	100MC / TSV Wallenhors	GER	56	M	37 5:17:55	58 5:30:34	50 6:07:55	34 16:56:24
43	125	Neumann, Klaus	100 Marathon Club	GER	52	M	38 5:17:57	60 5:29:36	48 6:17:37	38 17:05:10
44	130	Meyer-Carlstädt, Volker	WSU Warendorf	GER	70	M	39 5:13:52	57 5:36:32	53 6:30:34	43 17:20:58
45	108	Weitkämper, Wolfgang	Team Erdinger Alkoholfrei	GER	60	M	40 4:54:54	44 5:36:06	52 6:51:08	45 17:22:08
46	172	Puhr, Jürgen	Team P	GER	57	M	41 5:10:14	51 5:43:19	55 7:04:56	46 17:58:29
47	133	Pachura, Frank	lauf-in-dortmund.de	GER	63	M	42 5:08:27	48 5:44:39	56 7:13:38	47 18:06:44